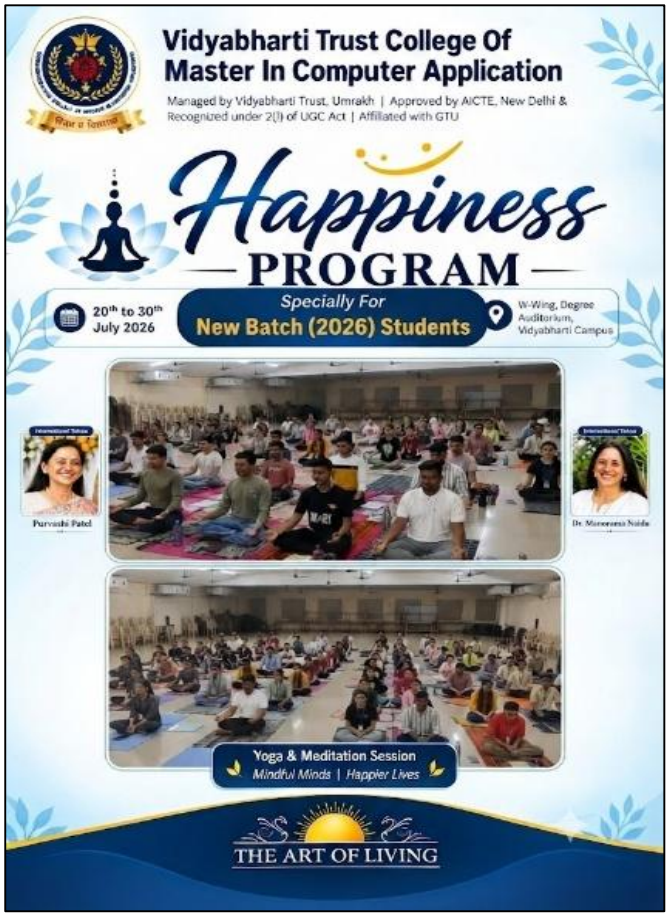
Vidyabharti Trust College of Master in Computer Application (MCA, MBA & IMSc.IT), Umrakh

Approved by AICTE, New Delhi and Affiliated to GTU, Ahmedabad.

Report on 10-Day Happiness Program

Vidyabharti Trust College of Master in Computer Application (MCA, MBA & IMSc.IT) departments organized for a 10-Day Happiness Program for the New Batch 2026 students from 20 to 30 July 2026. The program was organized with the objective of creating a positive, joyful, and welcoming environment for newly admitted students and helping them begin their college journey with confidence and enthusiasm.



As part of the initiative, a National-Level Instructor from the Art of Living – Happiness for Youth visited the campus and conducted engaging sessions for the students. The program included various interactive, fun-filled, creative, and team-building activities designed to encourage students to interact with one another and develop a positive approach towards their academic and personal life.

Students participated enthusiastically in the activities throughout the program. The sessions provided opportunities for students to build self-confidence, communication skills, teamwork, peer interaction, and a positive mindset. The activities also helped students become more comfortable with their new surroundings and develop a sense of belonging within the college community.

The 10-Day Happiness Program was a meaningful initiative that provided the New Batch 2026 students with a joyful and memorable introduction to college life while supporting their overall well-being, interpersonal development, and positive learning environment.